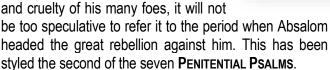
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The title: David is pictured in this Psalm as in a faithful miniature. His whole trust, his many conflicts, his great transgressions. his bitter reconsidering , and his deep distresses are all here; so that we see the very heart of "the man after God's own heart." This is a composition of David's later days, as he mentions the sins of his youth, and from its references to the craft



The twenty-two verses of this Psalm begin in the original with the letters of the Hebrew alphabet in their order. It is the first time we have an inspired acrostic. This method may have been to assist the memory.

Divisions: from its singularity of form, there are great changes of thought, but no variation of the subject. The moods of the writer's mind are twofold - he begins with prayer (1-7); then meditation (8-10); then prayer (11); followed by meditation (12-15) ending in prayer (16-22) - Charles Spurgeon.

#### A Psalm of David

<sup>1</sup> To You, O LORD, my soul I lift up.

<sup>2</sup>O my God, on You I lean:

let me not be ashamed, let my enemies not triumph over me.

<sup>3</sup>Yes, all who wait on You be not ashamed: let them be ashamed who deal deceitfully in vain.

<sup>4</sup>Show me Your ways, O LORD; teach me Your paths.



标题:大卫在这诗篇中被描述成忠实 的缩影。他的全部信任,他的许多 争战,他的重大过犯,他痛苦的思 虑,他深重的痛苦,都在这里;这样 我们就能看见"合神心意的人"的 心。这是大卫晚年的作品,他提到 了他年轻时的罪恶,从他提到许多 敌人的狡诈和残忍,提到押沙龙领

导了反对他的大起义,并不太投机。这 被称为七篇**忏悔诗**中的第二篇。

这篇诗篇的二十二节以希伯来字母的顺序开始。 这是我们第一次有灵感的离合诗。这种方法可 能是为了帮助记忆。

分段: 从其形式的独特性出发, 思想有很大的变化, 但主体没有变化。作者的心情是双重的—他从祈祷 开始(1-7);然后冥想(8 - 10);然后祈祷(11);接下来是 默想(12-15), 以祷告结束(16-22)—司布真。

#### 大卫的诗

1耶和华阿,我的心仰望你。

2 我的神阿,我素来倚靠你。 求你不要叫我羞愧。不要叫我的仇敌向我夸胜。

- 3 凡等候你的必不羞愧。惟有那无故行奸诈的, 必要羞愧。
- 4 耶和华阿,求你将你的道指示我,将你的路 教训我。

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- <sup>5</sup>Lead me in Your truth, and teach me: for You are the God of my safety; on You I wait all the day.
- <sup>6</sup> Remember, O LORD, Your compassion and mercies; for they are from old.
- <sup>7</sup> The sins of my youth, nor my transgressions in old age do not remember: according to Your mercy remember me for the sake of Your goodness, O LORD.

Think about it: It is not safe to be at odds with the Ancient of Days. "According to Your Mercy," Moses was the first who brought up this happy expression; now used by David.

The soul of man is endlessly pressed down with sin, and the cares of this world, which leads to the net; but those who follow the Lord are as eagles which mount upward; it should be our principal petition to the Lord that we might run to Him;

that we would exalt in His truth and grace; and lift our hearts to heaven, that we may not lie still in the puddle of this earth -- Archibald Symson,1627-1742.

- <sup>8</sup>Good and upright is the LORD: upon thus He teaches the sinful in the way.
- <sup>9</sup>He guides the humble in justice: and He teaches the humble His way.
- <sup>10</sup> All the paths of the LORD are of mercy and truth, to those who guard His covenant and testimonies.

Think about it: Good and upright is the Lord alone, and will He not be as gracious to His enemies as he requires us to be to ours?

It is His own law.

- 5 求你以你的真理引导我,教训我。因为你是 救我的神。我终日等候你。
- 6 耶和华阿,求你记念你的怜悯和慈爱。因为 这是亘古以来所常有的。
- 7 求你不要记念我幼年的罪愆,和我的过犯。 耶和华阿,求你因你的恩惠,按你的慈爱记念 我。

想想看:与远古时代格格不入是不安全的。 "焦 你的慈悲,"摩西是第一个带出这快乐表达的 人;现在被大卫使用。

人的灵魂被罪恶和世上的忧虑无限地压着,这 些忧虑是通向那个网的;但那跟随耶和华的、如 鹰上腾。我们向主要的祈求,是要奔向他;

使我们在他的真理和恩典中得以高举。举起我们的 心,仰望上天,使我们不致躺在这地上的泥坑里一 动不动—阿奇博尔德·辛松(1627-1742)

- 8 耶和华是良善正直的。所以他必指示罪人走 正路。
- 9 他必按公平引领谦卑人,将他的道教训他们。
- 10 凡遵守他的约和他法度的人,耶和华都以慈 爱诚实待他。

想想看,只有耶和华才是良善正直的,难道他不像 他要求我们善待自己的敌人那样善待他的敌人吗?

这是他自己的法则。

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All the tracks and ruts are made by those wheels traveling over the same ground.

How frequent, how deeply indented, and how multiplied are those tracks to every family and individual. Wherever we go, we see God's mercy – Adam Clarke, 1761-1832.

Mercy and truth are the paths in which God constantly walks... in reference to the children of men; and so frequently does He show them mercy, and so frequently does He fulfill His truth, that His paths are easily discerned. He is never out of the road of mercy to those who guard His ways – Nathanael Hardy, 1618-1670.

# <sup>11</sup>For the sake of Your name, O LORD, pardon my perversity; for it is great.

Just pause and think about it: He does not pity sinners because they are worthy, but because they need His pity.

When God forgives sin, He does it for the sake of His Name, not ours; for His honor and glory, not ours.

Indeed, to run into gross sins, that God may forgive them, is an odious presumption, but to hope that those gross sins may, and will be for given by God to us, being truly remorseful and contrite,

for the sake of His Name (not ours); is a well-grounded expectation. – Jonathan Edwards,1703-1758.

- <sup>12</sup> Who is he who fears the LORD? He will teach him in the way he should choose;
- <sup>13</sup>his soul in prosperity will dwell; and his descendants will inherit the earth.
- <sup>14</sup> The secret of the LORD is with those who fear Him; and His covenant He will show them.
- <sup>15</sup> My eyes are ever toward the LORD; for He will grab my feet out of the net.

所有的痕迹和车辙都是车轮在同一地面上行驶时留下的。对于每个家庭和个人来说,这些轨迹是多么频繁,多么深凹,多么成倍地增加。无论我们走到哪里,我们都看到上帝的仁慈。—亚当·克拉克(1761-1832)

仁慈和真理是上帝经常行走的道路…他屡次向他们发怜悯,屡次成全他的真理,他的路很容易辨认。他对看守他道路的人,从来没有离开过怜悯的道路。- Nathanael Hardy,1618-1670.

#### <sup>11</sup> 耶和华阿,求你因你的名赦免我的罪,因为 我的罪重大。

请停下来想一想:神怜悯罪人,不是因为他们配得神的怜悯,而是因为他们需要神的怜悯。 神赦免罪,是为他自己的名,不是为我们的名。 为了他的荣耀,而不是为了我们的荣耀。

的确,犯了重大的罪,上帝会原谅他们,这是一个可憎的假设,但希望这些重大的罪可以,而且将会是上帝给我们的,我们会真正地懊悔,

为了他的名字(不是我们的);是一个有充分理由的期望。——乔纳森·爱德华兹,1703 - 1758。

- <sup>12</sup> 谁敬畏耶和华,耶和华必指示他当选择的道路。
- 13 他必安然居住。他的后裔必承受地土。
- 14 耶和华与敬畏他的人亲密。他必将自己的约指示他们。
- 15 我的眼目时常仰望耶和华。因为他必将我的脚从网里拉出来。

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Think about it: Walking with God is the best way to know the mind of God; friends who walk together impart their secrets one to another. "The secret of the Lord is to those who fear Him" – Thomas Watson,1620-1686

Though we cannot see Him by reasons of our present distance and darkness; yet we must look to Him. "He will pluck my feet out of the net"...

an unfortunate dove, whose feet are caught in the snare of the fowler, this little birdbrain is a fine emblem of the soul, entangled in the cares and concerns of the world.

Let the question provoke self-examination. "Who fears the Lord?" Gospel privileges are not for the pretender. He who fears the Lord, has nothing else to fear. – Charles Spurgeon.

<sup>16</sup> You turn to me and have mercy upon me; for I am alone and afflicted.

<sup>17</sup> The troubles of my heart are enlarged: out of my distresses bring me.

 $^{18}\,Look\,$  on  $\,$  my affliction and  $\,$  my pain; and forgive all my sins.

<sup>19</sup> Consider my enemies, for they are many; and with hatred and violence they hate me.

<sup>20</sup> Keep my soul, and deliver me: let me not be ashamed; for I run to You.

<sup>21</sup>Let integrity and uprightness watch over me; for I wait on You.

<sup>22</sup>O God redeem Israel,

out of all their troubles.

Think about it: "Consider my enemies", watch them, weigh them, check them and defeat them. The demons of hell and the evils of earth are all defeated when the Lord reveals His arm.

想想看:与神同行是了解神心意的最佳途径;走在一起的朋友会互相袒露秘密。"耶和华的秘密在于敬畏他的人。"—托马斯·沃森(1620-1686)

虽然我们因目前的距离和黑暗,不能看见祂;然而, 我们必须仰望祂。"他将把我的脚从网里拉出来...

一只不幸的鸽子,它的脚被捕鸟人的陷阱缠住了,这只小小的鸟脑是灵魂的精致象征,它被世界的忧虑和关切缠住了。

让这个问题引发自我反省。"谁敬畏耶和华?福 音的特权不是为伪装者准备的。敬畏耶和华的, 无所畏惧。--司布真。

- 16 求你转向我,怜恤我,因为我是孤独困苦。
- 17 我心里的愁苦甚多。求你救我脱离我的祸患。
- 18 求你看顾我的困苦,我的艰难,赦免我一切的罪。
- 19 求你察看我的仇敌,因为他们人多。并且<mark>痛</mark> 痛的恨我。
- 20 求你保护我的性命,搭救我,使我不至羞愧,因为我投靠你。
- 21 愿纯全正直保守我,因为我等候你。

<sup>22</sup> 神阿,求你救赎<mark>以色列</mark>

脱离他一切的愁苦。

想想看:"**求你察看我的仇敌**",观察他们,衡量他们,检查他们,打败他们。耶和华伸出他的膀臂,就把阴间的鬼,和地上的恶畜都打败了。

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Let no good man be surprised that this affliction is great, and to him of an unaccountable character. It has always been so with God's people. The road to heaven is soaked with the tears and blood of the saints - William S. Plumer, 1802-1880.

不要让善良的人感到惊讶,这种痛苦是巨大的, 对他来说是不可解释的。神的子民也是如此。 通往天堂的道路浸满了圣人的眼泪和鲜血。

Salvation is Your Name

This is My Father's World

JESUS it is YOU

Te quiero Yasua

**Every Praise** 

O Come Let Us Adore Him

I Can Only Imagine

I Could

Sing of Your Love Forever

The Sheep Hear His Voice And They Follow Him

Drone photos: The Red Sea Crossing to Sinai in Arabia

How long was Israel in Egypt?

The papyrus Ipuwer

In Christ Alone