

# EPHESIANS 5 vs 1 以弗所 5:1

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In this letter, Paul is writing about: Where we sit... where we walk... and where we stand... as members in the family of God. He is not writing new legislation; he knows legalism stops at surface performance... and never really gets to the heart of the matter. He knows 6 things God hates wherever He sees them and a seventh is an abomination -- **Proverbs 6:16**. So Paul is not writing new rules and regulations to follow... because he wants us to follow Jesus Christ, who wants us to grow up. And like a good runner running a race, there are things we ought to strip off and throw down; as well as things we ought to pick up and put on.

He just said, Speak truth... one to another! Can you imagine if we in the church started doing that? That would be amazing, wouldn't it?

<sup>1</sup> **Therefore: be followers / mimetes**; where we get our words: **mimic**, and mime. It means: **to imitate**; but don't take the word out of context; this word is only used here about imitating God. Paul said, imitate in two ways: in the way He has forgiven us, gracing us in Christ Jesus... we forgive and grace others. On this subject, I like Dr. Charles Price. He said, If you want to imitate Christ... start with His death! Adding, that usually silences most of these self-righteous folks; because they aren't going to die! They just like to pretend, to be seen of men. Paul says...

**be imitators of God** as beloved children / freely gracing one another; as God in Christ freely graced you; Paul uses the same word our Father in heaven used who said: This is my beloved Son;

<sup>2</sup> **and walk in love, as Christ also loved us** / here is **the second** way we ought to imitate God; in our walk, our step after step, day after day: **walk in love**... keep walking and don't stop!



在这封信里，保罗写到：我们作为神家的一员，坐在哪里，走在哪里，站在哪里。他不是起草新的立法；他知道法律主义只停留在表面上，从来没有真正触及问题的核心。他知道神在任何地方所憎恶的六件事，第七件是可憎的——箴言 6:16。所以，保罗并没有写新的规章制度来让我们遵守，因为他要我们跟随耶稣基督，他要我们成长。就像一个优秀的赛跑运动员在赛跑时，有些东西我们应该脱掉并扔掉；还有一些我们应该拿起来穿上的东西。

他只是说，彼此说实话！你能想象如果我们在教堂开始这样做吗？那太棒了，不是吗？

<sup>1</sup> **所以你们该效法神**， / **mimetes**；我们的词汇从何而来：模仿和模仿。它的意思是：模仿；但不要断章取义；这个词只在这里用来模仿上帝。保罗说，要效法两种方式：他饶恕了我们，在基督耶稣里恩典我们...我们饶恕并恩典别人。在这个问题上，我喜欢查尔斯·普莱斯博士。他说，如果你想效法基督，就从他的死开始吧！此外，这通常会让大多数自以为是的人沉默；因为他们不会死！她们只是喜欢假装，为了让男人看到她们。保罗说……

**好像蒙慈爱的儿女一样**。/彼此自由地施惠；就像神在基督里给你们恩惠一样。保罗用了我们在天上的父所说的话，说，这是我的爱子。

<sup>2</sup> **也要凭爱心行事，正如基督爱我们**， /这是我们应当仿效神的**第二种**方式；在我们的行走中，我们一步接一步，日复一日：在爱中行走……继续走，不要停下来！

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Jesus the night He was betrayed, said: As I have loved you; you also love one another. by doing this they will know you are My disciples; My **mathetes**; the ones doing their math, putting it all together piece by piece 1 + 1.

The writer of Hebrews says, consider Him who endured such contradiction of sinners against Himself -- **Hebrews 12:3** There is not a day Jesus lived that He could not have been wearied in thought... due to someone, perhaps many in the crowds that gathered around Him. There is not a day Jesus could not have thought: This one drives Me crazy! Or that one greatly disappointed Me... and broke My heart!

Consider Him; **He walked in love!** There is one day I read about over and over; it was such a terrible day for Him. They treated Him so badly; it says: **He hardly looked human!** It was a terrible day. But I am so thankful He didn't ask Himself that day... Should I really go to the cross? He is so different than us.

**walk in love as Christ also has loved us, and gave Himself for us... an offering and fragrant sacrifice to God.**

The King James bible says, for a sweet-smelling savor; literally, for a: **euoida osme**. Now days we could say: for a good-smelling odor; a sophisticated fragrance, a No5 Chanel; for a distinguished cologne, a Luna Rossa.

Dr. F.B. Meyer says, To our eyes the cross can only present an awful scene of horror; but to God... a love so measureless, so reckless of cost for those... who were naturally unworthy of it. And this action, this great love of Christ... fills all heaven with a wondrous fragrance. Paul says...

**as Christ also has loved us, keep walking... keep forgiving and freely gracing one another... as His dear children.**

耶稣在被出卖的那一夜说: “正如我爱你;你们也彼此相爱。”这样、他们就知道你们是我的门徒。我的 **mathetes**;这些人在做门徒, 把它们一块一块地组合在一起 1 + 1 + 1。

希伯来书的作者说: “想想那忍受罪人与自己矛盾的主——**希伯来书 12:3** 耶稣活着的每一天, 都在思虑中度过, 这是由于某个人, 也许许多聚集在他周围的人。耶稣没有一天不这样想: 这一天使我疯狂!或者那个让我非常失望的...伤透了我的心!

认为他;**他在爱中行走!**有一天我读了一遍又一遍;对他来说, 这是多么可怕的一天。他们对他很不好;上面写着:**他简直不像人!**这是可怕的一天。但我很庆幸那天他没有问自己: “我真的应该去十字架吗?” 他和我们很不一样。

**为我们舍了自己, 当作馨香的供物, 和祭物, 献与神。**

詹姆士国王钦定版圣经说, 为了享受甜美的滋味;字面意思是:euoida osme。现在我们可以说:为了一种好闻的气味;精致的香水, 香奈儿 5 号;一款杰出的古龙水, Luna Rossa。

Dr. F.B. Meyer 说, 在我们的眼中, 十字架只能呈现一个可怕的场景;而是对上帝的爱, 如此无量, 如此不计代价地爱着那些天生不配的人。这行动, 这基督的大爱, 使整个天堂充满了奇妙的芬芳。保罗说...

**也要凭爱心行事, 正如基督爱我们, 为我们舍了自己, 当作馨香的供物, 和祭物, 献与神。**

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<sup>3</sup> But **FORNICATION!** / what! Where did that come from? What's that all about?

Paul is a good teacher. I think he woke up the class. Literally, he writes: **porneia**. he knows how to get the attention of all his congregation. And no, he's not throwing stones at others. He's writing to typical people in the church. So, how did he know that would be such a problem in our generation? Estimates worldwide state that **porneia**... is a 100 billion dollar industry. 2.5 billion emails are sent or received every day related to pornography. But there are only 7 billion people in the world; and most of them don't have emails; and most of them are not teenagers! So Houston, we might have a problem!

Paul says, **be imitators of God** our Father who is rich in mercy. He knows we all fall short. Paul has been saying, put off; strip off; throw down some things. He also has been saying, put on and wear some things. Don't get sucked into the course of this world wherein times past, you also walked.

**But fornication** / **porneia**, and all **uncleanness** / the word is: **akatharsia**; a urinary catheter is used to drain the bladder, right? Paul is not merely talking about physical functions, but also moral and spiritual implications. As there is blindness... there is a spiritual blindness; so likewise, as there is fornication... there is a spiritual fornication. There are people that like to bleep with our minds! Paul writes...and he doesn't have time to mention all that is unclean,

**or covetousness** / obsessions... and **insatiable greediness**... too numerous to mention, **let it not be once named** / this is one word: a continuing negative meaning: **never named, among you, as befits saints** / Paul says what is proper for living saints in this case, those in Ephesus were not confused; they knew what he was saying. He is not writing to whited tombstones full of dead bones.

<sup>3</sup> 至于淫乱， / 什么!这是从哪里来的?这是怎么回事?

保罗是一个好老师。他把全班都吵醒了。从字面上看，他写道: **porneia**。他知道如何引起全体会众的注意。不，他没有朝别人扔石头。他在给教堂里的普通人写信。那么，他怎么知道这在我们这一代会是这样一个问题呢?据全球估计，色情业是一个价值 1000 亿美元的产业。每天收发 25 亿封与色情有关的电子邮件。但世界上只有 70 亿人;他们大多数人都没有电子邮件;而且他们中的大多数都不是青少年!休斯敦，我们可能有麻烦了!

保罗说，你们要**效法我们的父神**，他有丰富的怜悯。他知道我们都做不到。保罗一直在说，推迟;脱衣;扔掉一些东西。他也一直在说，穿戴一些东西。不要陷进这个世界的进程，在这个进程中，你也走过了过去。

至于淫乱， / **porneia**，并一切**污秽** / 这个词是: **akatharsia**;导尿管是用来引流膀胱的，对吧?保罗说的不仅仅是身体的功能，还有道德和精神上的含义。有盲目，就有精神上的盲目;同样地，有淫乱，也有属灵的淫乱。有人喜欢用哔哔声扰乱我们的思想!保罗写道，他没有时间提到所有不洁净的东西，

或是**贪婪**/迷恋...，在你们中间连提都不可，方合圣徒的体统。 / 保罗说，在这种情况下，活着的圣徒应该怎样做，以弗所的圣徒并不疑惑;他们知道他在说什么。他不是给满是尸骨的白色墓碑写信。

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So, let's hear him again...

**but fornication, and all uncleanness, or greediness, let it not be once named among you, as befits saints;**

<sup>4</sup> **nor filthiness** / no indecency nor obscenity, **nor foolish talk** / the word is: morologia; literally, **moronic talking**... buffoonery,

**nor jesting** / you know the one always mocking or insulting. Really: **quick wit** that always turns negative; even those who mindlessly shout: **Can I have an Amen!** Give me an Amen! What are they talking about? What an insult to one of the names of God! Stupid talking. This word has nothing to do with being pleasant and cheerful... and even able to tell good jokes,

Paul says...**filthiness... foolish talking... mockers... insulters which do not attain**, / things that do not rise to our high calling; Paul reminds us... no one, no greedy men, woman or child, who indulges in the world's crap; indulging in earth's trailer trash, will be populating God's heaven;

**but rather giving thanks** / we should be ever thankful to God for pulling us from the dung hill:

Paul repeats himself...

<sup>5</sup> **For this, be sure that no pornos / no unclean person, no greedy, who is an idolater, hold inheritance in the kingdom of Christ and of God.**

<sup>6</sup> **Let no one deceive you with vain words / hollow; empty words: for through these things the wrath of God comes on the children of disobedience** / the children who are not persuaded... not convinced. In other words: the obstinate children.

所以，让我们再听一次...

至于淫乱，并一切污秽，或是贪婪，在你们中间连提都不可，方合圣徒的体统。

<sup>4</sup> 淫词/猥琐，妄语，/这个词是: morologia; 从字面上看，是白痴的谈话...

和戏笑的话，/就是那种总是嘲笑和侮辱人的人。真的:机智总是消极的;甚至那些漫无目的地大喊:“我能说阿门吗?”“阿门!”他们在谈论什么?这是对上帝的一个名字的侮辱!愚蠢的谈话。这个词与令人愉快和愉快没有任何关系，甚至不会讲很好的笑话，

保罗说...污秽...蠢话...褻慢人...不能得著的侮辱者/不能升到我们的任职的事;保罗提醒我们，没有人，没有贪婪的男人、女人或孩子，沉迷于这个世界的垃圾;放纵于尘世的垃圾拖车，将成为上帝的天堂;

都不相宜，**总要说感谢的话。**/我们应感谢上帝把我们从粪山里拉出来:

保罗重复自己...

<sup>5</sup> 因为你们确实知道，无论是淫乱的，是污秽的，是有贪心的，在基督和神的国里，都是无分的。有贪心的，就与拜偶像的一样。

<sup>6</sup> 不要被人虚浮的话欺哄/空话。因这些事，神的忿怒必临到那悖逆之子。/那些不被说服的孩子...不被说服。换句话说，就是那些固执的孩子们。



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**7 So be not joint-partakers with them** / from chapter 2 onward, Paul says... these aliens and acrobats stumbling around. Paul is saying you've been there, but now can be joint-heirs with Christ;

**8 for you were previously in the dark, but now are light in the Lord: walk as children of light:**

**9 for the fruit of the Light is in all goodness and righteousness and truth** / His goodness; His righteousness... His truth,

**10 proving what is well pleasing to the Lord.**

**11 And have no joint-communion with the unfruitful works** / works without fruit; which is the product of the course of this world... a world without God and His Spirit. They have no moral compass... it is not scientific! Greedily, angrily, hypocritically... they only produce loveless works; joyless works; works with no peace... works with no patience, absent goodness... without kindness... lacking mercy and grace. Don't associate with heartless stubborn jackasses!

**but rather expose;**

**12 for it is shameful even to speak of those things which are done by them in secret** / now, what does that all mean? Well, let's read on... and pay attention! The word is: **aischron**: meaning... it is disgraceful; it is base... and dishonorable,

to say... to tell... to tattle... or gossip and snitch even to whisper; those who claim they are exposing: but Paul is first addressing those who delight in gossiping about what people do privately. In other words, Paul didn't want to know... he didn't come to judge anyone... but then, neither did Jesus!

**7 所以你们不要与他们同伙。** /从第二章开始, 保罗说...这些外星人和杂技演员到处跌跌撞撞。保罗说, 你曾在那里, 但现在可以与基督共同承受后嗣;

**8 从前你们是暗昧的, 但如今在主里面是光明的, 行事为人就当像光明的子女。**

**9 光明所结的果子, 就是一切良善, 公义, 诚实。** /他的善良;他的正义, 他的真理,

**10 总要察验何为主所喜悦的事。**

**11 那暗昧无益的事, 不要与人同行,** /工作没有水果;这是这个世界进程的产物, 一个没有上帝和圣灵的世界。他们没有道德指南针, 这是不科学的!贪婪、愤怒、虚伪...他们只写出没有爱情的作品;不快乐的工作;工作时没有平静...没有耐心, 缺少善良...没有仁慈...缺乏怜悯和优雅。不要和无情固执的混蛋交往!

**倒要责备行这事的人**

**12 因为他们暗中所行的, 就是提起来, 也是可耻的。** /那么, 这一切意味着什么呢?好吧, 让我们继续读下去, 集中注意力!这个词是: **aischron**: 意思是...它是可耻的;这是卑鄙的, 不光彩的

说...说...说闲话...或者八卦, 甚至是窃窃私语;但保罗先对那些喜欢议论别人私底下所做之事的人说。换句话说, 保罗不想知道, 他没有来审判任何人, 但耶稣也没有!

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<sup>13</sup> But all things that are exposed are made visible by **the Light** / not your light; not my light: for it is **the Light of the Lord**... that makes all visible.

<sup>14</sup> Why was this said? Paul quotes the prophets who spoke for the LORD:

**HE says: Awake you who sleep; rise up from the dead** / He is talking to you and me: Slap yourself awake; get up dead head; and get excited!

**Christ illuminates!**

<sup>15</sup> See then that you diligently walk, not as fools, but as wise / not as asophos but as sophos,

<sup>16</sup> redeeming the time, because the days are evil.

<sup>17</sup> Why was this said? Choose your battles. Some people want to stand in the way of sinners: or sit in the seat of scoffers and critics. These are the same people who slow up on the freeway... like they have never seen an accident before. Paul wants us to keep walking!

**do not be mindless, but understand what is the will of the Lord.**

<sup>18</sup> And do not be drunk with wine, wherein is excess; but be filled with the **Spirit** / said a little differently: If you have to be drunk... if that is your only choice -- because drunks are obnoxious. But if that is your only option... **be drunk on the Spirit.**

**Be filled with the Spirit**

<sup>13</sup> 凡事受了责备, 就被**光**/不是你的光; 不是我的光: 显明出来。因为一切能显明的, 就是**主的光**。

<sup>14</sup> 为什么说这个? 保罗引用了那些代表耶和華的先知的話:

所以主說, 你这睡着的人, 当醒过来, 从死里复活, /他在对你和我说: 把你自己打醒;死头起来;和激动!

**基督就要光照你了。**

<sup>15</sup> 你们要谨慎行事, 不要像愚昧人, 当像智慧人。 /不是像 asophos, 而是像 sophos,

<sup>16</sup> 要爱惜光阴, 因为现今的世代邪恶。

<sup>17</sup> 为什么说这个? 选择你的战斗。有些人想挡罪人的道, 或坐嘲笑和批评的座位。这些人在高速公路上慢吞吞的, 好像他们从来没有见过事故一样。保罗要我们继续走!

不要作糊涂人, 要明白主的旨意如何。

<sup>18</sup> 不要醉酒, 酒能使人放荡, /说得有点不同:如果你必须喝醉, 如果那是你唯一的选择—因为任何形式的醉汉都令人讨厌。但如果这是你唯一的选择...被圣灵陶醉。

乃要被圣灵充满。



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**19 Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody** / the word is: psallontes; some people say it means plucking or strumming an instrument; but that is speculative. The more important part is:

**singing and making melody... in your heart to the Lord** / He is our audience: God looks on the heart. Like the memorable song Jon Sherberg a great composer-friend wrote a long time ago: **So, I guess it all comes down to where your heart is**. It's there your thoughts and feelings all begin; but if you never give your heart to Jesus -- well, check out Jon's song!

At home, at work... Paul says...

**singing and making melody... in your heart to the Lord;**

**20 always giving thanks for all things in the name of our Lord Jesus Christ to God the Father;**

**21 submitting yourselves one to another in the fear of God / yielding to** and preferring to take the lower place; to take the lower rank; as God in Christ did for us.

19 当用诗章，颂词，灵歌，彼此对说，口唱心和地赞美主。/这个词是:psallontes;有人说它的意思是拨弄或弹奏乐器;但这只是推测。更重要的部分是:

当用诗章，颂词，灵歌，彼此对说，**口唱心和地赞美主**。/他是我们的观众:上帝看着我们的心。就像一个伟大的作曲家朋友 Jon Sherberg 很久以前写的那首难忘的歌:**所以,我想这一切都归结于你的心在哪里**。你的思想和感情都是从哪里开始的;但如果你从来没有把你的心交给耶稣——好吧,看看乔恩的歌!

在家里,在工作中,保罗说...

当用诗章，颂词，灵歌...口唱心和地赞美主。

20 凡事要**奉我们主耶稣基督的名**,常常感谢父神。

21 又当存敬畏基督的心,彼此顺服。/屈服于并倾向于取较低的位置;处于较低的地位;就像神在基督里为我们所作的一样。

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[Jesus It Is You](#)